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Physical's 3-in-1 Soft Plyo Jump Box is an essential tool for developing explosive power, strength and agility. Built for durability and safety.... Meet the BOSU® Balance Bar, a wall mounted go-to accessory for pilates, ballet, and active physical therapy training. This sturdy wall mounted... Manufactured from high-grade leather providing durability and heavy bag functionality Vintage brown ideal for commercial gyms & boxing... The new HIIT Bench is our best-ever integrated weights bench and an exciting evolution in compact, multi-functional training solutions. Built for... Case Study Reshape "As soon as we started speaking to Physical, we knew we wanted to work with them. The team there is hugely knowledgeable and helpful - they understood exactly what we were trying to do and proposed excellent solutions - and the products are great quality." The Pilates Movement Studio "I had been looking at another Merrithew reformer, but the Physical team understood the quality of our brand and what we're trying to achieve and gently steered me towards the SPX. I'm delighted with that decision," About Us Our mission statement, First for Fitness Solutions, reflects our unparalleled expertise in the way people now choose to train: the high demand for functional and small group training, free weights, group exercise. However large or small your workout space, these disciplines should be your first thought - and we should be your first phone call. Catalogue Physical Company supplies over 1,900 product lines, from commercial strength to studio equipment, functional training to mind-body, flooring to combat to cardio and far more besides. Our catalogue gives you all the information you need, including photos and full details of every product, in one easy-to-reference place. Solutions Our service goes far beyond our fantastic product range, with support for you at every step of the way. Added value solutions include a full Gym Design service, on-demand fitness through our Physical app, APEX gym floor programming, and additional support and advice for flooring and bulk orders. But don't just take it from us; check out our case studies! View definitions for physical Examples have not been reviewed. He said the alleged attacker "changed his physical appearance" including shaving his face to avoid being recognised. Jenny said her memories were of violence while Christina recalled being subjected to physical, emotional and spiritual abuse by Ms Waiting. In March this year, the Olympic champion stood in a courtroom in his native Norway and claimed he had been subjected to a decade of physical and mental abuse by his father. Chiropractors, physical therapists and some massage therapists are trained in assisted stretching - but stretch therapists can't do what they do. However, in October 2023, the three brothers wrote a joint article accusing Gert of being "very aggressive and controlling" and using "physical violence and threats as part of their upbringing." From Roget's 21st Century Thesaurus, Third Edition Copyright © 2013 by the Philip Lief Group. Browse #aabbccddeeffgghhijjjkkllmmnooppqrrssttuuvvwwxyzz About Careers Contact us Cookies, terms, & privacy Help Follow us Get the Word of the Day every day! © 2025 Dictionary.com, LLC In questa pagina: physical, physical examination Principal Translations/Traduzioni principali WordReference English-Italiano Dictionary © 2025: physical adj (bodily) (del corpo umano) fisico agg sensuale, carnale agg Her physical problems made it difficult to walk. I suoi problemi fisici le davano difficoltà a camminare. New: Ha confessato di provare per lei solo un'attrazione fisica. physical adj figurative (material) (relativo alla scienza fisica) fisico agg (materiale, tangibile) fisico agg The physical properties of granite are well known. Le proprietà fisiche del granito sono ben note. Manca qualcosa di importante? Segnala un errore o suggerisci miglioramenti Principal Translations/Traduzioni principali WordReference English-Italiano Dictionary © 2025: physical adj (bodily) (del corpo umano) fisico agg sensuale, carnale agg The Army wouldn't accept him because he failed the physical examination. Non fu ammesso al servizio militare perché non ha passato l'esame fisico. physical examination n (physical education test) prova di educazione fisica nf Manca qualcosa di importante? Segnala un errore o suggerisci miglioramenti Compound Forms/Forme composte physical | physical examination WordReference English-Italiano Dictionary © 2025: cause physical harm v expr (hurt [sb]) provocare un danno fisico a vt ferire= vt nonphysical, non-physical adj (not involving the body) non fisico, immateriale agnonphysical, non-physical adj (cerebral, intellectual) cerebrale, intellettuale agg PE, P.E., also US: phys ed, phys. ed. n abbreviation (physical education) (materia scolastica) educazione fisica, ginnastica nf Phys Ed is just as important as more academic subjects. L'educazione fisica è importante tanto quanto altre materie più accademiche. physical abuse n (violence) violenza fisica nf The social worker said that the child had suffered severe physical abuse. L'assistente sociale disse che il bambino aveva subito gravi violenze fisiche. physical activity n (sth) involving use of the body attività fisica nf The doctor told my son to do some straining physical activity, like swimming, for instance. Il medico ha detto a mio figlio di fare un'intensa attività fisica, per esempio il nuoto. physical anthropology (branch of anthropology) antropologia fisica n physical appearance n (how [sb] or [sth] looks) aspetto fisico nm physical asset noften plural (law: cash, property) (diritto di proprietà) bene fisico, bene materiale nm (diritto di proprietà) risorsa fisica, risorsa materiale nf physical attributes npl (bodily characteristics) caratteristiche fisiche nf An actor's physical attributes are often important to being cast in certain roles. Le caratteristiche fisiche di un attore sono spesso importanti per essere scelto per un certo ruolo. attributi fisici nm Gli attributi fisici di un attore sono spesso importanti per essere scelto per un certo ruolo. physical chemistry (branch of chemistry) chimica fisica n physical condition n (level of fitness and health) condizione fisica nf Triathletes have to be in peak physical condition. Gli atleti di triathlon devono essere al massimo della condizione fisica. physical conditioning n (exercise for fitness) condizionamento fisico, esercizio fisico nm physical contact n (touch) contatto fisico nm A person with telekinetic powers can move an object without ever making physical contact with it. Questa frase non è una traduzione della frase inglese. Quel bambino è sempre attaccato alla madre o al padre; evidentemente il contatto fisico lo rende più sicuro. physical copy n (paper copy: of a document, etc.) copia cartacea nf Robert emailed the death certificate to the solicitor, but she insisted she needed to see a physical copy. physical dependence n (addiction: biological) dipendenza fisica nf Anthony has a strong physical dependence on painkillers. Antonio ha una forte dipendenza fisica agli analgesici. physical description n (of physical characteristics) descrizione fisica nf descrizione dei tratti fisici loc nonphysical disability n (law: limited physical functioning) disabilità fisica nf handicap fisico nm physical education n (school sports lessons, gym class) educazione fisica nf Students take physical education in addition to math, English, languages, science and history. Gli studenti devono seguire lezioni di educazione fisica, oltre a matematica, lingue, scienze e storia. (colloquiale, familiare) ginnastica nf Questa frase non è una traduzione della frase inglese. Ricordati di portare le scarpe, che oggi hai l'ora di ginnastica! physical environment n (surroundings) ambiente fisico nm physical exercise n (bodily activity: sports, etc.) esercizio fisico nm attività fisica n physical fitness n (good physical condition) buona forma, buona forma fisica nf (formale, burocratico) idoneità fisica nf Physical fitness is important for old people too. La buona forma fisica è importante anche per gli anziani. physical force n (power) forza fisica nf physical geography (branch of geography) geografia fisica n physical harm n (injury) danno fisico nm (formale) danno alla persona nm physical jurisdiction n (area covered by a legal authority) giurisdizione materiale nf physical labor (US), physical labour (UK) n (strenuous manual work) lavoro manuale nm You shouldn't do physical labour when you're pregnant. Una donna incinta non dovrebbe fare del lavoro manuale. physical love n (sexual intercourse) amore fisico nm physical map n (map that shows landforms) carta fisica n physical medicine (branch of medicine) fisioterapia n physical pendulum n (physics) pendolo fisico nm physical pleasure n (sensuality, sensuousness) piacere fisico nm physical presence n (fact of being present) presenza fisica nf Your physical presence at the bank won't be necessary because I can sign for you. La tua presenza fisica in banca non sarà necessaria. perché posso firmare io per te. physical quantity n (measurable number or amount) quantità materiale n physical science n (science of the natural world) scienza fisica nf Chemistry is one of the physical sciences. physical stamina n (ability to endure [sth] strenuous) resistenza fisica n physical stress n (pressure, strain) stress fisico nm physical structure n (structure of an organism) struttura fisica n physical therapist n (sb) who performs physiotherapy/ fisioterapista nm After her accident, she spent 5 months visiting a physical therapist. Dopo l'incidente è andata per 5 mesi dal fisioterapista. physical therapy n (treatment using exercise/ fisioterapia nf After her arm healed she had to undergo physical therapy to regain full use of it. Dopo l'intervento al ginocchio dovrà fare due di fisioterapia. physical trainer n (fitness instructor or coach) allenatore nm physical training n (fitness coaching) allenamento nm physical world n (all that is material, not spiritual) mondo materiale nm social distancing, physical distancing n (maintaining space between people) distanziamento sociale nm Manca qualcosa di importante? Segnala un errore o suggerisci miglioramenti PE Scheme PE Delivery Consultancy Courses Our approach We know there is a significant need for change within the PE landscape. How can we ensure the children we work with develop a life-long love of movement? How can we ensure PE is meaningful to them? Physical Literacy informed Mastery-based learning Pupil centred learning Research and evidence based Read what our schools think... Integrity- Insight- Innovation