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Emt practice test

This is a 100% free website that is dedicated to NREMT test prep. We provide hundreds of online practice questions that can be used to study for the EMT certification exam. We are not affiliated in any way with the National Registry of Emergency Medical Technicians. Our free practice tests focus on the critical topics and skills that emergency medical technicians must know in order to pass their exam. The questions are scored instantly, and detailed explanations are given for each correct answer. If you have any feedback or any suggestions for improving our online NREMT resources, please contact us. Thank you for visiting our website and good luck with your test! Maintained and Updated as of 2025415 realistic questions that will help you not only review key EMT concepts, but also familiarize yourself with the EMT CAT cognitive exam format. You've found it! Our treasure trove of EMT study content. A crucial step in EMT certification is passing the CAT cognitive exam and psychomotor exam. EMT Responder, EMT (EMT), Advanced EMT (AEMT), and EMT-Paramedic (ERP) certification is managed by the National Registry of Emergency Medical Technicians (NREMT). The EMT certification is a recent revision to and replaces the EMT-basic exam. EMT exam topic breakdown: Anatomy and Physiology CPR and Defibrillation Cardiac Respiratory Trauma Open and Closed Wounds Head, Chest, Abdominal, and Facial Trauma, Musculoskeletal Injuries Spinal Injuries Ambulance Operations and more. This free practice exam features 415 realistic questions that will help you not only review key EMT concepts, but also familiarize yourself with the EMT CAT cognitive exam format. As a disclaimer, this content is provided for informational purposes only, and has not been fully reviewed, updated or fact checked. Please use at your own discretion to support your studying for this important test. Please note this content does not directly match any specific industry standards. There are several benefits to getting certified as an Emergency Medical Technician (EMT): Career opportunities: EMTs are in high demand, and many career opportunities are available for certified ones. EMTs can work in various settings, including ambulances, hospitals, and clinics. Competitive salary: EMTs typically earn competitive salaries and may be eligible for overtime pay and other benefits. Personal satisfaction: Working as an EMT can be a rewarding and fulfilling career, as you can help people in their time of need and make a difference in your community. Professional development: EMTs must complete ongoing training to maintain their certification, which can provide opportunities for professional development and advancement. Potential for advancement: Many EMTs go on to become paramedics, which requires additional training and certification. Becoming an EMT can lay the foundation for future career advancement. Getting certified as an EMT can be a valuable investment in your career, as it can provide a wide range of career opportunities, a competitive salary, and the chance to make a positive impact on the lives of others. PracticeQuiz has 7 full sets of questions, all originally written for the NREMT exams. Disclaimer: This content is provided for informational purposes only. It has not been edited, fact checked or updated. This content is neither affiliated nor endorsed by the National Registry of Emergency Medical Technicians. These questions were written by a third party test prep company and licensed exclusively by PracticeQuiz for use on this site. Ted Chan is the Managing Editor of PracticeQuiz.com. Ted has experience as a journalist and a writer, including editorial or content production roles at ESPN, Better Business Bureau, The Boston Globe, and Forbes. Ted holds a BA from Swarthmore College with High Honors, and a MBA from the MIT Sloan School of Management. Ted also studied at the Harvard Business School, earning a Certificate in Value-based Health Care Delivery. All content, unless otherwise noted, was created for PracticeQuiz. Let an editor now if you have suggested content edits by emailing us at the support address in the header, or by commenting in the Contribute box above. To become a certified Emergency Medical Technician, you first need to complete the EMT cognitive exam. This is a knowledge-based test that measures your understanding of the fundamental principles and practices of working as an EMT. Click "Start Test" above to take a free EMT practice test! EMT Question of the Day EMT Exam Eligibility To be eligible for the EMT exam, you must meet all of the following requirements: You must have successfully completed a state-approved EMT course that meets NEMSES standards. You must have a current CPR-BLS for Healthcare Provider or similar credential. You must have successfully completed the National Registry cognitive exam and a state-approved psychomotor exam. EMT Outline The EMT exam contains between 70 and 120 multiple-choice questions, and you will be given 2 hours to complete it. Ten of the questions are unscored "pretest" questions. These questions are used to evaluate future exam questions' fairness and validity. This exam is a computer-adaptive test (CAT), so depending on your performance, the difficulty of your test will increase or decrease as you go on. Here's a look at how it works: The first question is judged to be of medium difficulty, and depending on your performance, the next question may be easier or harder. If you do well on the first question, the second question will be harder; conversely, if you do poorly on the first question, the second question will be easy. The exam is split into five content areas. For each of the first four areas, the questions are split between Adult (85%) and Pediatric (15%); Airway, Respiration, and Ventilation (18%-22%); Cardiology and Resuscitation (20%-24%); Trauma (14%-18%); Obstetrics and Gynecology (27%-31%); EMS Operations (10%-14%). Questions will not appear in any particular order. The content areas will be mixed together and the actual balance of questions you see will depend on exactly how many questions you end up getting on the test. Check out Mometrix's EMT Study Guide! Get practice questions, video tutorials, and detailed study lessons Get Your Study Guide Registration Once you have met the requirements, you must send in an application along with the \$98 application fee. Once you have received your Authorization To Test (ATT), you have to schedule your exam for a date within the next 90 days. The exam is offered on a continuous basis and testing centers are located across the United States, so you will be able to choose a date and location that are most convenient for you. However, to ensure that there are still appointments available on your preferred date, make sure you schedule as soon as possible. Test Day You should arrive at the testing center at least 30 minutes prior to your scheduled exam time. Once you arrive, you will be asked to provide two forms of valid ID, one of which must be a photo ID, as well as any other documentation that may be required. Before you entered the testing room, you will be asked to leave all personal items in a secured locker outside the room, though it is strongly encouraged that you leave these items in your car or at home. These include things like your cell phone, notebooks, pens, and bags. Once you enter the testing room, you will be given a tutorial on how to take the exam, and you will be given a non-disclosure agreement (NDA) to read and sign. After the NDA has been signed, the exam will begin. How the Exam is Scored Because the EMT exam is computer-adaptive, there is no set passing score. If you are consistently answering questions correctly and keeping your average score above a certain threshold, the computer will stop the exam and notify you that you have passed. If, however, you are consistently answering questions incorrectly and staying below a certain threshold, the test will stop and you will be notified that you did not pass. EMT Online Prep Course If you want to be fully prepared, Mometrix offers an online EMT prep course designed to give you everything you need to succeed. Here's what you'll find in the EMT course: 70+ Review Lessons Covering Every Topic Over 700 EMT Practice Questions 30+ Video Tutorials 550+ Digital Flashcards Money-back Guarantee Mobile Access Everyone learns differently, so we've tailored the EMT online prep course to ensure every learner has what they need to prepare for the EMT exam. Click below to check it out! Start Your EMT Online Course Check out Mometrix's EMT Flashcards Get complex subjects broken down into easily understandable concepts Get Your Flashcards Study Tips How to Study Effectively Your success on EMT test day depends not only on how many hours you put into preparing but also on whether you prepared the right way. It's good to check along the way to see whether your studying is paying off. One of the most effective ways to do this is by taking EMT practice tests to evaluate your progress. Practice tests are useful because they show exactly where you need to improve. Every time you take a free EMT exam practice test, pay special attention to these three groups of questions: The questions you got wrong The ones you had to guess on, even if you guessed right The ones you found difficult or slow to work through This will show you exactly what your weak areas are and where you need to devote more study time. Ask yourself why each of these questions gave you trouble. Was it because you didn't understand the material? Was it because you didn't remember the vocabulary? Do you need more repetitions on this type of question to build speed and confidence? Dig into those questions and figure out how you can strengthen your weak areas as you go back to review the material. Answer Explanations Additionally, many EMT practice tests have a section explaining the answer choices. It can be tempting to read the explanation and think that you now have a good understanding of the concept. However, an explanation likely only covers part of the question's broader context. Even if the explanation makes sense, go back and investigate every concept related to the question until you're positive you have a thorough understanding. Comprehend Each Topic As you go along, keep in mind that the EMT practice test is just that: practice. Memorizing these questions and answers will not be very helpful on the actual test because it is unlikely to have any of the same exact questions. If you only know the right answers to the sample questions, you won't be prepared for the real thing. Study the concepts until you understand them fully, and then you'll be able to answer any question that shows up on the test. Strategy for EMT Practice When you're ready to start taking practice tests, follow this strategy: Remove Limitations. Take the first test with no time constraints and with your notes and EMT study guide handy. Take your time and focus on applying the strategies you've learned. Time Yourself. Take the second practice test "open book" as well, but set a timer and practice pacing yourself to finish in time. Simulate Test Day. Take any other practice tests as if it were test day. Set a timer and put away your study materials. Sit at a table or desk in a quiet room, imagine yourself at the testing center, and answer questions as quickly and accurately as possible. Keep Practicing. Keep taking practice tests on a regular basis until you run out of practice tests or it's time for the actual test. Your mind will be ready for the schedule and stress of test day, and you'll be able to focus on recalling the material you've learned. FAQs Ready to ace your EMT final exam? This interactive EMT Final Exam Quiz offers a real-test experience with 15 multiple-choice questions that cover patient assessment, trauma care, and emergency interventions. Ideal for paramedic students and first responders looking to boost confidence before certification. You can also refine your skills with the EMT Midterm Practice Quiz or brush up fundamentals via the EMT Basic Knowledge Quiz . All questions are fully editable - start tweaking in our quizzes editor now. Learning Outcomes Analyse patient assessment findings to prioritise care. Apply airway management techniques in emergency scenarios. Demonstrate cardiac life support protocols under pressure. Evaluate trauma care procedures for varied injury types. Identify pharmacological interventions and dosage calculations. Master rapid decision-making skills in high-stress situations. Master the ABCDEs of Trauma Assessment - Studying the ABCDE approach is like learning a superhero sequence to tackle life-threatening injuries in order. By checking Airway, Breathing, Circulation, Disability, and Exposure, you'll identify the biggest threats in seconds. This structured method helps you keep calm and save lives like a pro. Advanced Trauma Life Support Perfect the Jaw-Thrust Maneuver - The jaw-thrust is your go-to trick when neck injuries are on the line: it opens the airway without bending the cervical spine. Practicing this technique helps you keep dangerous movement to a minimum and prevents the tongue from shutting down the breath party. Nail this skill to maintain an open airway with confidence. Jaw-Thrust Maneuver Utilize Oropharyngeal Airways Effectively - Oropharyngeal airways are the friendly doormen that stop the tongue from blocking the airway in unconscious patients. Choosing the right size and inserting it correctly can prevent gagging and ensure smooth airflow. With some practice, you'll place these devices like a boss. Oropharyngeal Airway Implement Bag-Valve-Mask Ventilation - Bag-valve-mask ventilation is like giving high-five breaths: you squeeze in 500 - 600 mL of air per adult breath to keep lungs happy. Perfect your mask seal and squeeze rhythm to avoid leaks, obstructions, or overinflation. Great BVM skills can be a game changer in emergencies. Bag-Valve Mask Ventilation Recognize Signs of Airway Obstruction - Spotting airway trouble early is key, so watch for cyanosis, weird breath sounds, and changes in consciousness - your clues that something's blocking airflow. Act fast to clear the path by positioning, suction, or maneuvers before things get ugly. Being Sherlock Holmes of the airway can save a life. Identifying Airway Compromise Apply Rapid Sequence Intubation (RSI) - RSI is like the express lane for intubation: give a sedative and a paralytic, then slide in the tube smoothly. Prep for every twist - have backup gear, suction, and rescue devices at the ready to beat complications. Speed and precision are the name of the game here. Rapid Sequence Intubation Assess Difficult Airways with LEMON - The LEMON mnemonic helps you predict tough airways like a pro: Look externally, Evaluate 3-3-2, Mallampati score, Obstruction, Neck mobility. Run through each step in your head to avoid surprises when it's time to intubate. This handy checklist turns stress into strategy. LEMON Airway Assessment Understand Pediatric Airway Differences - Kids aren't just small adults: their airways sit higher and are narrower, so you need different positions and gear sizes. Master the sniffing position for youngsters and select tubes like Goldilocks - just right. Pediatric airway know-how keeps little patients safe and sound. Pediatric Airway Management Manage Airway in Trauma Patients - When trauma strikes, stabilizing the cervical spine and clearing the airway are top priorities before you even think of intubation. Combine manual in-line stabilization with suction and protective gear to prevent secondary injuries. Being methodical here turns chaos into control. Trauma Airway Strategies Stay Proficient with Airway Devices - Regular practice on mannequins and simulations for supraglottic devices, endotracheal tubes, and more keeps your skills razor-sharp. Familiarity breeds speed: speed saves lives when every second counts. Challenge yourself to try new tools and review old favorites often. Airway Management Tools Please let us know if you have any questions or comments about our website. If you have discovered any errors in the questions, answers, or explanations, then we would greatly appreciate your observations. Our team will carefully review any submissions to ensure that our website is totally accurate at all times. Thank you! 0 of 30 Questions completed Questions: Information You have already completed the exam before. Hence you can not start it again. You must sign in or sign up to start the exam. You must first complete the following: Exam complete. Results are being recorded. Time has elapsed You have reached 0 of 0 point(s), (0) Earned Point(s): 0 of 0, (0) 0 Essay(s) Pending (Possible Point(s): 0) Operations 0% Patient Treatment and Transport 0% Primary Assessment 0% Scene Size-up and Safety 0% Secondary Assessment 0% Keep Studying: You will not pass the EMT exam right now. You need to continue studying for the exam. Take some of our full-length practice exams. More Practice Exams Almost There: We recommend that you keep studying. You may be able to pass the EMT exam right now, but it will be close. Take some of our full-length practice exams. More Practice Exams You Are Ready: We feel you are ready for the EMT exam. You can continue to study if you would like to be safe. Take some of our full-length practice exams. More Practice Exams You respond to an unresponsive patient at a local festival. Upon your arrival, bystanders say the patient has been drinking heavily. As you assess the patient, you note a heavy odor of alcohol. The patient is responsive to painful stimuli, has gurgling respirations and vomitus on his face, and breathing deeply at 14 times per minute. What are the initial airway management priorities for this patient? Master every topic you'll be tested on. A full EMT exam simulator. The only way to combat test anxiety and be fully prepared. Practice questions similar to the actual exam. Know what to expect on the exam day. In-depth rationales created by industry leaders. Insider tips and secrets from past test-takers. 10 Practice Tests updated for the latest EMT version. Each answer is explained in-depth to make the reasoning behind it crystal clear. How to behave on the exam day. A passing score on the National Registry Emergency Medical Technician test (NREMT) is your first step toward becoming a professional EMT. The national EMT test is difficult, but with proper studying it can be passed in the first try by anyone who sets their mind to it. At EMT Practice Test, you'll find EMT practice exams designed to help you succeed on the NREMT national registry exam. EMT Practice Test can provide you with a variety of practice EMT exams to help you get a feel for the actual test, hone your knowledge, and gain the most from your EMT training. Services available through EMT Practice Test include practice tests with customized EMT questions, virtual paramedic training, live assistance with your test preparation, EMT courses, EMS training, and other study resources to help you pass the EMT-B, EMT-I, or EMT-P national registry exams. With customizable practice tests from EMT Practice Test, you'll be able to focus your practice exams on the areas of the NREMT test that you need the most help with. Areas that are covered on the basic test include cardiology, airway and breathing, medical, OB/GYN and pediatrics, trauma, and EMS operations. Categories on the more advanced NREMT tests (the NREMT-I and NREMT-P) can also include rhythm identification, 12-Lead EKG, newborn assessment, pharmacology, and mental status. If you're having trouble with one or more of these study areas, you can easily adjust your practice EMT testing to have more questions in the areas that you need the most help with. You can even take a practice test that deals with just one study section. On the other hand, if you would like to give equal weight to each category on the NREMT test that you're signed up for, simply select a randomized test with EMT questions in each category similar to the ones that you will see on the exam. Different people have very different ways of studying. That's why EMT Practice Test offers you a variety of ways to prepare for your NREMT exam. You can start by completing your EMT training online through one of EMT Practice Test's in depth courses and then prepare for your EMT certification exam with practice tests, flash cards, study guides, randomized quizzes, and live help when you need it. Whatever you need to do to prepare for your NREMT exam, EMT Practice Test has the resources to help you pass with ease. The NREMT-B test, the test required to become a Basic EMT, is a two hour exam. The NREMT test consists of a computerized multiple-choice question section and a practical exam in which the test-taker must demonstrate their EMT training. Both sections of the test are important and EMT Practice Test can provide you with the training and preparation you will need to pass each section. You will need a score of at least 85% to pass the test. The best way to ensure a passing score the first time you take the test is to study. At EMT Practice Test, you'll find all the resources you need to learn, retain, and demonstrate your skills as an EMT with flying colors at your NREMT exam. Our NREMT practice tests will help you prepare for your EMT Certification Exam. Our website offers 6 free practice tests with 40 questions each. They feature challenging questions along with detailed explanations. Becoming an Emergency Medical Technician is a great way to get started with a medical career. Click any of the tests below to study right now! Our free EMT study guide includes 9 sections to review. There is a quiz at the end of each section to ensure that you have mastered the topic. If you are looking to do additional test prep, we recommend the EMT Exam Prep Course from Mometrix. Their course includes 20 videos, 73 lessons, 450 practice questions, and 556 flashcards. This is the easiest and most effective way to study for your EMT test! The National Registry of Emergency Medical Technicians (NREMT) hosts a cognitive examination that candidates must take and pass to become licensed as an EMT. The cognitive exam is a Computer Adaptive Test (CAT) between 70 and 120 questions long with a 2-hour time limit. Ten of these questions will be "pilot" questions, meaning they are not scored; instead, they are used to gather information for future tests. Candidates do not know which questions are unscored, so it's important to answer every question to the best of your knowledge. Except for EMS Operations, all sections have a content distribution of 85% adult and 15% pediatric questions. The exam can be broken down into the following categories: Airway, Respiration & Ventilation: 18-22% of exam content Cardiology & Resuscitation: 20-24% of exam content Trauma: 14-18% of exam content Medical/Obstetrics/Gynecology: 27-31% of exam content EMS Operations: 10-14% of exam content Passing the EMT examination takes a lot of studying and test preparation. Our practice questions are the perfect way to test your knowledge and ensure you earn your EMT certification the first time you take the exam! NOTE: Passing a psychomotor exam is also a prerequisite for certification, but this skills-based assessment is not administered by the National Registry. Instead, a candidate's training institution or State EMS Office will offer this exam.